



# HOW CAN CO-OP HELP YOU?

- Allows you to get "real life" experience in the workplace
- Gives you hands-on learning and a chance to "try on" a possible career
  - option
- Helps you make decisions about your future

#### CO-OP WILL ALSO....

- Help you find out what it's really like to work at a job
- Show you what career opportunities are out there related to your field of interest
- Provide experience and a reference to add to your resume
  Satisfy Group 1,2,3 requirements when you earn your co-op Credits

# CO-OP AND YOUR SCHOOL DAY

 Co-op occupies two periods (two credits) on your timetable

 Your placement happens during the school day along with your other classes

 Experiential learning opportunity for a half day for the entire semester

 You can also complete a 4 credit program (full day)



# SAMPLE TIMETABLE

Morning Co-op	Afternoon Co-op
Period 1 – CO–OP	Period 1 – Regular Class
Period 2 – CO–OP	Period 2 – Regular Class
Period 3 – LUNCH	Period 3 – LUNCH
Period 4 – Regular Class	Period 4 – CO–OP
Period 5 – Regular Class	Period 5 – CO–OP

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### CO-OP AND YOU

- Grade 11 or 12 students
- Every student is eligible to experience a career of his/her choosing (more or less)
- Co-op teachers work with community partners to secure a placement for every student
- Co-op teacher visits you regularly during your placement time over the semester

# CO-OP AND YOU

- PPE will be worn in in-person placements as required
- Vaccination may be mandatory in some areas (hospitals, schools, working with the elderly)
- Virtual placements are available but can not be guaranteed
- Covid testing may be required if you are unwell and need to return to work

# CO-OP...HOW DO I SIGN UP?

 At course selection time, go online to the Co-operative Education Section of the course calendar in <u>My Pathway Planner</u>

 Select the correct co-op course (Gr. 11/12-2 credit or 4 credit), and add it to your course selections



- Complete the co-op application form by following the link and instructions on My Pathway Planner
- You will need to use your GAPPS email to do this. Answer a few questions to fill in an online copy of the co-op application. It will be emailed to your GAPPS email account. You can forward your GAPPS to another email.
- Then, print the application, have it signed, have the two teacher references completed and submit everything to the Co-op Office Drop Box.
- A deadline will be given for submission of your Completed Application and two teacher references on Pathway Planner.

#### VISIT www.uhscoop.com

# FREQUENTLY ASKED QUESTIONS

- What if I don't like my placement?
- What if Co-op won't fit into my schedule?
- Should I take Co-op in summer school?
- How am I evaluated in Co-op?
- How do I get to my placement?
- Do universities and colleges look at Co-op marks?
- Will my placement hire me?
- Can I use Co-op hours for community involvement?
- What kinds of placements are available?

SHSM - SPECIALIST HIGH SKILLS MAJOR An Opportunity to:

- Focus your learning Arts & Culture
  - Business
  - Health & Wellness
- Get some valuable experience and information (co-op, reach-aheads, certifications, workshops, CPR) outside of the regular classroom
- Enhance what you already have planned for your future
- APPLY at: <u>www.uhscoop.com</u>
- Use your GAPPS email

### WANT TO KNOW MORE ABOUT CO-OP?

### DROP BY THE CO-OP OFFICE IN RM. 215 OR

### ASK QUESTIONS NOW!

